

# WINTER 2025 GYMNASIUM SCHEDULE

*Effective February 24, 2025*

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am	Open 5-7am	Open 5-7am	Open 5-7am	Open 5-7am	Open 5-7am		
6:00am							
7:00am	OST 7-8am	OST 7-8am	OST 7-8am	OST 7-8am	OST 7-8am	Open 7am-12pm	
8:00am	Group Exercise 8-11:30am	Group Exercise 8am-10:30am	Group Exercise 8-11am	Group Exercise 8-10:30am	Marcy Street 8-11:30am		
8:30am							
9:00am		Basketball 11:30am-1pm	Basketball 10:30am-12:30pm	Basketball 11am-2pm	Basketball 10:30am-12:30pm	Basketball 11:30am-1pm	
10:00am							
10:30am							
11:00am	Pickleball 1-3pm	Pickleball 12:30-3pm	OST 2-5pm	Pickleball 12:30-3pm	Pickleball 1-3pm		
11:30am							
12:00pm						Pickleball 12-3pm	Open 11am-1pm
12:30pm							
1:00pm							
1:30pm							
2:00pm							
2:30pm							
3:00pm	OST 3-5pm	OST 3-5:30pm	Teens 5-6pm	Teens 5-6pm	Pickleball 5-7:30pm		
3:30pm							
4:00pm							
5:00pm	Basketball 5-7:30pm	Programs 5:30-7:30pm	Baller Jam 99 6-7:45pm	Basketball 6-8pm			
5:30pm							
6:00pm	Cleaning 7:30-8pm	Cleaning 7:30-8pm	Cleaning 7:45-8pm		Cleaning 7:30-8pm		
7:00pm							
7:30pm							
8:00pm							

Program Name	Description
<b>Pickleball</b>	Drop-in on a game or meet others for a regular, weekly game.
<b>Basketball</b>	All ages can work on their basketball skills or have an impromptu game. Basketballs available.
<b>Marcy Street</b>	Scheduled time for Marcy Street
<b>Group Exercise</b>	Scheduled group fitness classes. Please see Group Exercise schedule for more information.
<b>OST</b>	Scheduled time for our Out of School Time program.
<b>Teen Leaders</b>	Scheduled time for our Teen Leaders program.
<b>Programs</b>	Reserved for special programs.
<b>Cleaning</b>	Gym floor swept and/or mopped – staff must have access to entire gym floor.
<b>Open</b>	Space is available for members to walk, play basketball, etc.
<b>Baller Jam 99</b>	Members only supervised basketball skills and practice for all ages!