



BECOME A LIFESAVER!

Central Community Branch | YMCA of Central Massachusetts

FREE TRAINING!

LIFEGUARD TRAINING STARTS NOW!

Looking for participants ages 15-19 from the city of Worcester who are interested in becoming a lifeguard. This program is designed to increase your swimming ability, teach you life-saving skills, and complete the program as a certified lifeguard!

We are Looking for Applicants!

Train and Become a Lifeguard for Free!

Stipends Available Throughout Program!

Limited Spots Available- Apply Today!

Scan here to register



Can You?

- Swim on your front 25 yds
- Swim on your back 25 yds
- Tread water
- Swim under water 10 ft

Central Community Branch YMCA
YMCA of Central Massachusetts
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For more information contact:
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