

# FALL 2024 GYMNASIUM SCHEDULE

Effective October 19, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am	Pickleball 5-7am	Pickleball 5-7am	Pickleball 5-7am	Pickleball 5-7am	Pickleball 5-7am		
6:00am							
7:00am	OST 7-8am	OST 7-8am	OST 7-8am	OST 7-8am	OST 7-8am	Open 7-9am	
8:00am	Group Exercise 8-11:30am	Group Exercise 8am- 10:30am	Group Exercise 8-11am	Group Exercise 8-11:30am	Group Exercise 8-11:30am		
8:30am							
9:00am							
10:00am		Pickleball 10:30am- 12pm	Basketball 11am-2pm	Basketball 11:30am- 1pm	Basketball 11:30am- 1pm	Youth Basketball 101 11am-1pm	Open 11am-1pm
10:30am							
11:00am	Basketball 11:30am- 1pm	Basketball 12-1pm	Basketball 11am-2pm	Basketball 11:30am- 1pm	Basketball 11:30am- 1pm		
11:30am							
12:00pm							
12:30pm	Pickleball 1-3pm	Pickleball 1-3pm	OST 2-5pm	Pickleball 1-3pm	Pickleball 1-3pm	Basketball 1-3pm	
1:00pm							
1:30pm							
2:00pm							
2:30pm	OST 3-5pm	OST 3-5pm	OST 2-5pm	OST 3-5pm	OST 3-5pm		
3:00pm							
3:30pm							
4:00pm	Basketball 5-7:30pm	Basketball 5-7:30pm	Basketball 5-7:30pm	Basketball 5-7:30pm	Pickleball 5-7:30pm		
5:00pm							
5:30pm							
6:00pm							
7:00pm	Cleaning 7:30-8pm	Cleaning 7:30-8pm	Cleaning 7:30-8pm	Cleaning 7:30-8pm	Cleaning 7:30-8pm		
7:30pm							
8:00pm							

Program Name	Description
<b>Pickleball</b>	Drop-in on a game or meet others for a regular, weekly game.
<b>Basketball</b>	All ages can work on their basketball skills or have an impromptu game. Basketballs available.
<b>Youth Basketball 101</b>	Scheduled time for program that requires registration.
<b>Group Exercise</b>	Scheduled group fitness classes. Please see Group Exercise schedule for more information.
<b>OST</b>	Scheduled time for our Out of School Time program.
<b>Teen Leaders</b>	Scheduled time for our Teen Leaders program.
<b>Programs</b>	Reserved for special programs.
<b>Cleaning</b>	Gym floor swept and/or mopped – staff must have access to entire gym floor.
<b>Open</b>	Space is available for members to walk, play basketball, etc.