

FALL 2024 GYMNASIUM SCHEDULE

Effective September 17, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:00am	Pickleball 5-7am	Pickleball 5-7am	Pickleball 5-7am	Pickleball 5-7am	Pickleball 5-7am			
6:00am								
7:00am	OST 7-8am	OST 7-8am	OST 7-8am	OST 7-8am	OST 7-8am	Open 7-9am		
8:00am	Group Exercise 8-11:30am	Group Exercise 8am- 10:30am	Group Exercise 8-11am	Group Exercise 8-11:30am	Group Exercise 8-11:30am			
8:30am								
9:00am								
10:00am		Pickleball 10:30am- 12pm	Basketball 11am-2pm	Basketball 11:30am- 1pm	Basketball 11:30am- 1pm	Basketball 11am-3pm	Pickleball 9-11am	Pickleball 9am-11am
10:30am								
11:00am	Basketball 11:30am- 1pm	Basketball 12-1pm	OST 2-5pm	OST 3-5pm	OST 3-5pm		Open 11am-1pm	
11:30am								
12:00pm	Pickleball 1-3pm	Pickleball 1-3pm		Pickleball 1-3pm	Pickleball 1-3pm			
12:30pm								
1:00pm	OST 3-5pm	OST 3-5pm		OST 3-5pm	OST 3-5pm			
1:30pm								
2:00pm	Basketball 5-7:30pm	Basketball 5-7:30pm	Basketball 5-7:30pm	Basketball 5-7:30pm	Pickleball 5-7:30pm			
2:30pm								
3:00pm	Cleaning 7:30-8pm	Cleaning 7:30-8pm	Cleaning 7:30-8pm	Cleaning 7:30-8pm	Cleaning 7:30-8pm			
3:30pm								
4:00pm	Basketball 5-7:30pm	Basketball 5-7:30pm	Basketball 5-7:30pm	Basketball 5-7:30pm	Pickleball 5-7:30pm			
5:00pm								
5:30pm	Cleaning 7:30-8pm	Cleaning 7:30-8pm	Cleaning 7:30-8pm	Cleaning 7:30-8pm	Cleaning 7:30-8pm			
6:00pm								
7:00pm	Basketball 5-7:30pm	Basketball 5-7:30pm	Basketball 5-7:30pm	Basketball 5-7:30pm	Pickleball 5-7:30pm			
7:30pm								
8:00pm								

Program Name	Description
Pickleball	Drop-in on a game or meet others for a regular, weekly game.
Basketball	All ages can work on their basketball skills or have an impromptu game. Basketballs available.
Group Exercise	Scheduled group fitness classes. Please see Group Exercise schedule for more information.
OST	Scheduled time for our Out of School Time program.
Teen Leaders	Scheduled time for our Teen Leaders program.
Programs	Reserved for special programs.
Cleaning	Gym floor swept and/or mopped – staff must have access to entire gym floor.
Open	Space is available for members to walk, play basketball, etc.