



REKINDLING OUR SPIRIT



———— 160th Annual Report ————

YMCA OF CENTRAL MASSACHUSETTS

2023 ANNUAL VOLUNTEER RECOGNITION AWARDS



GEORGE I. ALDEN

AWARD

Mark Donahue



STRENGTHENING FOUNDATIONS OF

COMMUNITY AWARD

UnicPro

YOUTH OF THE YEAR

- Nela Hardy
- Celia Marichal
- Jeremiah Opoku-Boateng
- Greendale Spring 2022 Leadership Academy Graduates



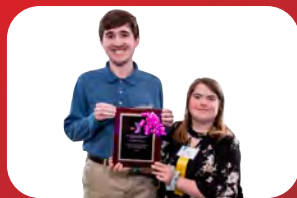
ADULTS OF THE YEAR

- Kreshnik Bushati
- Jessica Clermont
- Christine Croteau
- Elizabeth Hackett
- Barbara Metras



DIVERSITY, INCLUSION, GLOBAL INNOVATION VOLUNTEERS OF THE YEAR

- The BORO Program



GEORGE VASIL COMMUNITY SERVICE AWARD

- Marita Tasse



NANCE WARE SCHOLARSHIP

- Damaris Cabrera
- Eli Jeffreys



Greetings from the Y!

As we present our 160th Annual Report to the community, I am grateful for the work we have accomplished together over the past year. It has been a period marked by expansion, growth, and the deepening of meaningful relationships, reaffirming our commitment to serving the children, teens, and families of Central Massachusetts.

Reflecting on the past year, it is clear that our North Star remains unwavering. Since assuming the role of President and CEO in 2019, my philosophy has centered on serving **people** with innovative **programs** and services while securing **philanthropic support** to ensure access for all. This philosophy continues to guide us as we navigate the challenges and opportunities of today.

In 2023, we experienced promising membership trends, surpassing pre-pandemic numbers and serving over 35,000 members. Our dedication to meeting local needs remained steadfast, exemplified by our support of 230+ cancer thrivers through **LIVESTRONG®** at the Y. There was tremendous participation with over 18,000 children served in camp, early education and care, out-of-school time, teen, youth, and aquatic programming. Additionally, we expanded several after-school sites, providing safe, quality, and affordable care for families in our community.

I am particularly proud of our progress on the Worcester Community Capital Campaign, where significant fundraising strides were made, culminating in the launch of construction in the fall. As we move into 2024, we will continue these capital projects, modernizing our Worcester facilities and expanding our footprint to better serve our community.

One of many highlights of 2023 was our year-end signature event, “Rekindling our Spirit: An Evening of Impact,” held at Mechanics Hall, the YMCA’s original home. Surrounded by over 330 YMCA friends, I was reminded of the tremendous responsibility we have been entrusted with—to build and strengthen the spirit, mind, and body of all. I extend my heartfelt thanks to our members, donors, volunteers, and Mission Partners for your trust and confidence in your YMCA.

As we look to the future, let us continue to work together to fulfill our mission and positively impact the lives of those we serve.

With appreciation,



David Connell
President and CEO



BOARD OF DIRECTORS

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Stephen Schuster
Debra Seymour
Bash Turay
Elizabeth Wambui
Suzanne Weekes
David Woodbury
Ulysses Youngblood

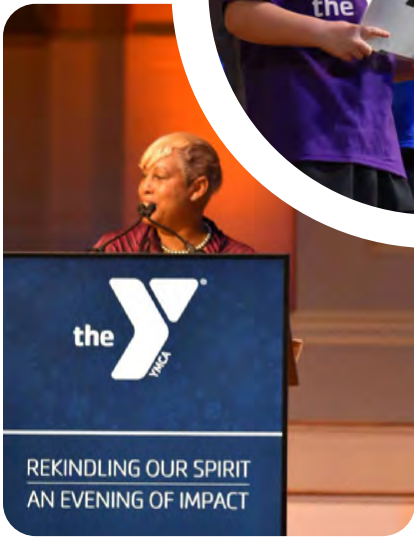
THE FACES OF OUR CAUSE

Supporting Youth Development, Healthy Living and Social Responsibility Across Central Massachusetts



AN EVENING OF IMPACT

Mechanics Hall • December 1, 2023



FINANCIAL REPORT OF THE YMCA OF CENTRAL MASSACHUSETTS

Statement of Financial Position as of September 30, 2023

Assets	
Cash	\$7,279,245
Accounts Receivable	\$ 806,207
Contributions Receivable (net)	\$406,788
Prepaid Expenses	\$156,025
Investments	\$14,030,051
Right of Use of Assets – Operating Leases	\$285,185
Right of Use of Assets – Finance Leases	\$751,555
Property and Equipment (net)	<u>\$ 34,432,308</u>
Total Assests	<u>\$58,147,364</u>

Liabilities	
Accounts Payable	\$490,874
Accrued and Other Liabilities	\$1,059,019
Deferred Revenue	\$1,058,097
Long-Term Debt	\$17,399,612
Operating Lease Obligations	\$288,851
Finance Lease Obligations	<u>\$800,961</u>
Total Liabilities	<u>\$21,097,414</u>

Net Assets	
Without Restrictions, Undesignated	\$20,175,973
Without Restrictions, Board Designated	\$8,789,515
With Donor Restrictions	<u>\$8,084,462</u>
Total Net Assets	<u>\$37,049,950</u>

Total Liabilities & Net Assets **\$58,147,364**

Statement of Activities For the Year Ended September 30, 2023

Operating Activities	
Contributions	\$1,682,768
Government Contracts/Grants	\$9,236,922
Early Education Grants	\$394,565
Endowment Designated for Operations	\$535,000
United Way	<u>\$195,130</u>
Total Public Support	<u>\$12,044,385</u>
Membership	\$8,351,093
Program Fees	\$4,477,394
Rentals, Merchandise, & Vending	<u>\$463,223</u>
Total Operating Revenues	<u>\$13,291,710</u>

Total Public Support and Operating Revenues **\$25,336,095**

Program Services	\$20,629,172
Management & General	\$3,634,695
Fundraising & Special Events	<u>\$401,829</u>
Total Operating Expenses	<u>\$24,665,696</u>

Changes in Net Assets from Operating Activities Before Depreciation & Amortization **\$670,399**

Depreciation & Amortization \$2,588,690

Changes in Net Assets from Operating Activities **\$ (1,918,291)**

Non-Operating Activities Gains and (Losses)	
Capital Campaign Contributions	\$1,160,700
Net Investment Return	\$1,873,626
Endowment Designated for Operations	<u>\$ (535,000)</u>
Changes in Net Assets from Non-Operating Activities	<u>\$ 2,499,326</u>

Changes in Net Assets **\$ 581,035**

Net Assets, Beginning of Year **\$ 36,468,915**

Net Assets, End of Year **\$ 37,049,950**



For questions, please contact Julio Acero-Nali, Vice President of Finance/CFO, at 508-755-6101, ext. 9249 or jacero@ymcaofcm.org.

YMCA SENIOR LEADERSHIP

David Connell
President and CEO

Julio Acero-Nali
Vice President of Finance/CFO

Lori Bastien
Vice President/Chief Membership
Marketing Officer

Glenn Juchno
Vice President Property and
Risk Management Development

Carol Lucke
Administrative Director

Betsy Moquin
Vice President — People Practices

Eileen Pinchuck
Vice President of Philanthropy

Pamela Suprenant
Vice President of Youth Development
& Community Services

Danielle Delgado
Executive Director, Central Community Branch

Doris Harrison
Executive Director of IT
& Project Management

Jeff Laliberte
Executive Director, Boroughs Family Branch

Fabiola O'Donnell
Executive Director of Human Resources

Barbara Perotto
Executive Director of Finance/Controller

Christina Puleo
Senior Executive Director and
Association Membership Strategy,
Greendale Family Branch

Kathleen Russell
Executive Director,
Tri-Community Family Branch

Lisa Welcome
Executive Director, North County Branches

CELEBRATING OUR IMPACT

Here are a few ways the Y shaped lives in 2023



358,550+ Meals and snacks served to combat childhood hunger and food insecurity

2,000 Youth were active in wellness programs



235 Participants reclaimed their health in the LIVESTRONG® at the Y program



550 Youth received behavioral health support



9,800 Youth improved swimming abilities

1,000+ Parents relied on the Y for affordable education and care



700+ Children were safe and engaged after school daily



3,000 Children increased their safety around water in Y programming



2,200 Campers spent their summer learning, making friends and having fun



150 Teens contributed to our cause as staff



ADVISORY BOARD

Lisa Banks
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Stephen Pitcher
Todd Rodman
Robert Seega
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Todd Wetzel
Constance Whitehead Hanks

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BOROUGH'S FAMILY BRANCH

Kim Anderson
Indira Bissoondial
Nick Bushati
Anna Connors
Pritesh Gandhi

Jeff Gauvin
Kate Groves
Pablo Hernandez
Meghan Martin
Pritesh Gandhi
Jim Owens

Steve Schuster
Sean Snee
Chris Wild
Julie Stanwood
Joe Hamilton

CENTRAL COMMUNITY BRANCH

Lowell Alexander
George Cox
Ly Cunningham

Yvette Dyson
Shereen Fahey
John Fitzgibbons
Lynn Harvey
Jessica Mullings

Margaret Naylor
Martin Stein
Will Bates

GREENDALE FAMILY BRANCH

John "Bill" Braley III
Michael Burns
Marcia Cronin
Christopher Davies
Julio Emmerson da C. Elias

Ted Gallagher
Calvin Hill
Michael Mendoza
Mary O'Sullivan
Ben Prince
Lilian Radke

Gary Senecal
Joseph Tagman
Mark Taylor
Beatriz Ramos
Austin Cyganiewicz

NORTH COUNTY COMMUNITY BRANCHES

Clarence Barr
David Brassard
Matthew Christensen

Elisha Erb
Erik Faxon
Mary Fritz
James Hohman
Emily MacRae

Ernest Martineau
Patrick McNamara
Jane Morgan
Tony Ngo
Benjamin Shipp

TRI-COMMUNITY FAMILY BRANCH

Robert Caprera
Shirley Faucher
Carl Johnson

John Jovan, Jr.
David Keller
Paul Murphy
Brendan Murray
Alan Peppel

Jo-Ann Santelli
Debra Savoie
Jeremy Thompson-Durand
Chris Wszolek

YMCA OF CENTRAL MASSACHUSETTS

766 Main Street, Worcester, MA 01610 | Phone: 508.755.6101 | www.ymcaofcm.org

BOROUGH'S FAMILY BRANCH

4 Valente Drive
Westborough, MA 01581

CENTRAL COMMUNITY BRANCH

766 Main Street
Worcester, MA 01610

GREENDALE FAMILY BRANCH

75 Shore Drive
Worcester, MA 01605

LEOMINSTER COMMUNITY BRANCH

108 Adams Street
Leominster, MA 01453

MONTACHUSETT COMMUNITY BRANCH

55 Wallace Avenue
Fitchburg, MA 01420

TRI-COMMUNITY FAMILY BRANCH

43 Everett Street
Southbridge, MA 01550

YMCA CAMP BLANCHARD

208 Manchaug Road,
Sutton, MA 01590

YMCA CAMP FOSKETT

189 Daniels Road,
Charlton, MA 01507

YMCA CAMP LOWE

132 Fort Pond Inn Road,
Lancaster, MA 01523

THE SARAH & RICHARD HARDY YMCA CHILD DEVELOPMENT CTR.

115 Marcy Street,
Southbridge, MA 01550

YMCA FAMILY & COMMUNITY PARTNERSHIP FAMILY CENTER

13 Providence Road
Sutton, MA 01590

YMCA FAMILY & COMMUNITY PARTNERSHIP PLAY SPACE

169 Pleasant Street
Marlborough, MA 01752