



# REACHING NEW HEIGHTS, TOGETHER



159<sup>th</sup> Annual Report  
**YMCA OF CENTRAL MASSACHUSETTS**



# Dear Friends,

The world experienced a subtle and borderline silent remake. The global pandemic over the past three years set the tone for a different demand for non-profit management and social interaction. COVID-19 inspired a new way of working and resetting the framework for partnerships and collaborations. It placed an innovative kind of pressure on our Executive Leadership Team which required staff to think well beyond our facilities to community space throughout our geographic footprint. Our obligation to tackle community needs was demonstrated through relentless discipline and a commitment to excellence as we executed strategic priorities.

As we reflect upon 2022, our commitment to implement financial and operational models resulted in modifying our financial arrangements with local banks and launching a new relationship with Webster Five. A prudent approach to repositioning our finances to meet current and future needs has been instrumental. We reorganized our program delivery structure and built momentum, growing our membership base and continued to see an upward trajectory throughout the year. Our stellar approach to communicating our impact propelled philanthropic giving and resulted in increased program and capital funding.

Our commitment to global diversity, equity, and inclusion was amplified by our participation in sharing resources with our colleagues in Ukraine, Sri Lanka, Haiti, and Puerto Rico. Ongoing opportunities for learning and development, skill building, accreditation, and certification programs were implemented for the entire workforce. Emphasis was placed on increasing our leadership capacity with the hiring of three new executives and several emerging leaders at the program level. We made early strides to address the infrastructure needs of several of our branches and camp properties and strengthened our technological capabilities to meet a growing virtual market. We plan to continue these activities in the months and years ahead.

Relationships continue to be our greatest strength. Establishing new partnerships while deepening other collaborations positioned our organization to remain a vital partner for community change, undertaking critical life issues such as food insecurity, vaccine clinics, and workforce development. We remain a leader in early education and out-of-school time care providing quality and affordable preschool programs in Southbridge, Worcester, Fitchburg and Westborough.

Each of our branches increased youth development opportunities for teens, with an all-time high participation rate – 550+ students – in our signature Achievers Program. We prepared youth for their first employment experience and taught others essential skills as teen lifeguards throughout the Association. We added several regional college tours to our national tour agenda, exposing teens to local universities near home.

We are proud of the many services we provided – all to deliver our cause with passion and zest throughout the nearly 70 communities we are honored to serve. Thank you for partnering with us in this important work.

Sincerely,



David Connell  
President and CEO



## BOARD OF DIRECTORS

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William Sullivan Jr., Vice Chair  
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Joseph Hamilton  
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Frederick Jenoure  
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Paul Murphy

Alan Poppel  
Lilian Radke  
Raymond Quinlan  
Debra Savoie  
Stephen Schuster  
Debra Seymour  
Joseph Tagman  
Bash Turay  
Suzanne Weekes  
David Woodbury  
Ulysses Youngblood

# CELEBRATING OUR IMPACT

## Here are a few ways the Y shaped lives in 2022

Provided swim lessons & water safety programs to 5,884 people.



Engaged 538 children each day in out-of-school time care.

Over 4,000 teens called the Y a safe place in the community.



The Y provided over 307,000 meals and snacks to children and teens.

We distributed more than 35,700 lbs. of food to families across Worcester County.



800+ volunteers helped the Y deliver its cause.

1,948 campers spent their summers at one of six YMCA camps.



Supported over 150 cancer survivors through LIVESTRONG® at the Y.

4,700 active older adults called the Y their community.



Hosted over 40 COVID equity vaccine clinics.

26,543 members rely on the Y to remain healthy and strong.





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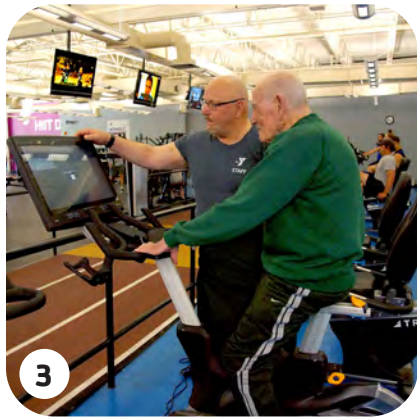
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# 2022 IN ACTION

1. It's Graduation Day!
2. Staff make summer fun.
3. When coach says, "Let's take it up a notch!"
4. Time out for a pickle ball pose.
5. Skills and drills rock with the Assumption Hounds!
6. She's getting Olympic ready!
7. Building is best with your friends.
8. The Y looks great- Earth Day in action!
9. Check out the ultimate table tennis competition!
10. It's a morning ritual- good morning Camp Foskett!
11. Helping hands feed our community.
12. Helping a preschooler find her beautiful voice.
13. Together we find strength.
14. Exploring bright futures on a local college tour.
15. Ready, set, JUMP!
16. Meet our favorite Fuller Family Park visitors.
17. Celebrating our 158th Annual Meeting at Polar Park.
18. Dressing up for Trunk or Treat.
19. Healthy living is fun all year long!
20. Keeping up the energy at Mission in Motion!



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Every day, people come to the Y to better themselves. They learn new things along the way and meet people – some they have things in common with, some they don't. Yet, they work together and strive to be their best selves in spirit, mind, and body. The Y welcomes them regardless of where they are in their journey. Our dedicated team of cause-driven leaders brings their passion and expertise, and delivers our cause throughout Worcester County. I couldn't be more proud to serve as your Chief Volunteer Officer. Thank you to the many donors, mission partners, members and community constituents who stand with us as we impact children and families in our community. Together, we're making an important difference.

*Polly*

Polly A. Tatum, Esq., Chair  
Board of Directors





# FINANCIAL REPORT OF THE YMCA OF CENTRAL MASSACHUSETTS

## Statement of Financial Position as of September 30, 2022

<b>Assets</b>	
Cash	\$6,053,820
Accounts Receivable	\$ 825,902
Contributions Receivable (net)	\$ 1,365,807
Prepaid Expenses	\$139,747
Investments	\$12,102,269
Property and Equipment (net)	<u>\$ 35,461,718</u>
<b>Total Assets</b>	<u>\$55,949,263</u>
<b>Liabilities</b>	
Accounts Payable	\$509,795
Accrued and Other Liabilities	\$1,043,518
Deferred Revenue	\$462,224
Long-Term Debt	\$17,448,944
Capital Lease Obligations	<u>\$15,867</u>
<b>Total Liabilities</b>	<u>\$19,480,348</u>
<b>Net Assets</b>	
Without Restrictions, Undesignated	\$22,110,698
Without Restrictions, Board Designated	\$7,999,327
With Donor Restrictions	<u>\$6,358,890</u>
<b>Total Net Assets</b>	<u>\$36,468,915</u>
<b>Total Liabilities &amp; Net Assets</b>	<u>\$55,949,263</u>



## Statement of Activities For the Year Ended September 30, 2022

<b>Operating Activities</b>	
Contributions	\$1,954,681
Government Contracts/Grants	\$9,397,324
Early Education Grants	\$346,120
United Way	<u>\$303,403</u>
<b>Total Public Support</b>	<u>\$12,001,528</u>
Membership	\$6,565,934
Program Fees	\$3,356,328
Rentals, Merchandise, & Vending	<u>\$441,378</u>
<b>Total Operating Revenues</b>	<u>\$10,363,640</u>
<b>Total Public Support and Operating Revenues</b>	<u>\$22,365,168</u>
Program Services	\$18,242,708
Management & General	\$2,947,146
Fundraising & Special Events	<u>\$298,117</u>
<b>Total Operating Expenses</b>	<u>\$21,487,971</u>
Changes in Net Assets from Operating Activities Before Depreciation & Amortization	<u>\$877,197</u>
Depreciation & Amortization	\$2,438,257
Changes in Net Assets from Operating Activities	<u>\$ (1,561,060)</u>
Non-Operating Activities Gains and (Losses)	
Capital Campaign Contributions	\$1,894,130
Net Investment Return	<u>\$ (2,888,343)</u>
<b>Changes in Net Assets from Non-Operating Activities</b>	<u>\$ (994,213)</u>
<b>Changes in Net Assets</b>	<u>\$ (2,555,273)</u>
<b>Net Assets, Beginning of Year</b>	<u>\$39,024,188</u>
<b>Net Assets, End of Year</b>	<u>\$36,468,915</u>

For questions, please contact Julio Acero-Nali, Vice President of Finance/CFO, at 508-755-6101, ext. 9249 or [jacero@ymcaofcm.org](mailto:jacero@ymcaofcm.org).

### YMCA SENIOR LEADERSHIP

**David Connell**  
President and CEO

**Julio Acero-Nali**  
Vice President of Finance/CFO

**Lori Bastien**  
Vice President/Chief Membership  
Marketing Officer

**Carol Lucke**  
Administrative Director

**Glenn Juchno**  
Vice President Property and  
Risk Management Development

**Betsy Moquin**  
Vice President — People Practices

**Eileen Pinchuck**  
Vice President of Philanthropy

**Pamela Suprenant**  
Vice President of Youth Development  
& Community Services

**Doris Harrison**  
Executive Director of IT  
& Project Management

**Danielle Delgado**  
Executive Director, Central Community Branch

**Jeff Laliberte**  
Executive Director, Boroughs Family Branch

**Fabiola O'Donnell**  
Executive Director of Human Resources

**Barbara Perotto**  
Executive Director of Finance/ Controller

**Christina Puleo**  
Senior Executive Director,  
Greendale Family Branch

**Kathleen Russell**  
Executive Director,  
Tri-Community Family Branch

**Lisa Welcome**  
Executive Director, North County Branches

# 2022 ANNUAL VOLUNTEER RECOGNITION AWARDS



**GEORGE I. ALDEN**  
**AWARD**  
Yvette Dyson



**STRENGTHENING FOUNDATIONS OF**  
**COMMUNITY AWARD**  
Cornerstone Bank

## YOUTH OF THE YEAR

- Montachusett Community Branch Outstanding Teens
- Geeta Puli
- Ava Roedel
- Jalissa Torres



## ADULTS OF THE YEAR

- Frances Castro-Cintron
- Jim Owens
- Alex Richardson
- Joseph Tagman
- Chris Wszolek



## DIVERSITY, INCLUSION, GLOBAL INNOVATION VOLUNTEERS OF THE YEAR

- Calvin R. Hill, PhD
- City of Worcester Dept. of Health & Human Services



## GEORGE VASIL COMMUNITY SERVICE AWARD

Alan Peppel



## NANCE WARE SCHOLARSHIP

Cesar Cruz



## ADVISORY BOARD

Lisa Banks  
James Bonds, Sr.  
Charlotte Bramley  
Robert Caprera  
Joseph Coderre  
Ronald Cooper  
Christopher Crowley  
John Doyle

Russell Dye  
N. Lynn Eckhert  
Allen Fletcher  
Mark Fuller  
M. Katherine Hessel  
Robert Kennedy  
Judith Maynard  
Douglas Meystre  
Michael Michaelaes

James Moynihan  
Evan Page  
Stephen Pitcher  
Todd Rodman  
J. Lincoln Spaulding  
Sumner Tilton, Jr.  
Todd Wetzel  
Constance Whitehead Hanks  
Kimball Woodbury †

## BOARDS OF GOVERNORS

### BOROUGH'S FAMILY BRANCH

Kim Anderson  
Indira Bissoondial  
Nick Bushati  
Anna Connors

Pritesh Gandhi  
Jeff Gauvin  
Kate Groves  
Pablo Hernandez  
Meghan Martin

Jim Owens  
Steve Schuster  
Sean Snee  
Chris Wild

### CENTRAL COMMUNITY BRANCH

Lowell Alexander  
George Cox  
Ly Cunningham

Yvette Dyson  
Shereen Fahey  
John Fitzgibbons  
Lynn Harvey  
Mabi Moeng

Jessica Mullings  
Margaret Naylor  
Alex Richardson  
Martin Stein

### GREENDALE FAMILY BRANCH

John "Bill" Braley III  
Heather Buckley  
Michael Burns  
Marcia Cronin  
Christopher Davies

Julio Emmerson da C. Elias  
Ted Gallagher  
Calvin Hill  
Michael Mendoza  
Mary O'Sullivan  
Ben Prince

Lilian Radke  
Gary Senecal  
Joseph Tagman  
Mark Taylor

### NORTH COUNTY COMMUNITY BRANCHES

Clarence Barr  
David Brassard  
Matthew Christensen

Nicole Delahunty  
Elisha Erb  
Mary Fritz  
James Hohman  
Kelly Johnson

Emily MacRae  
Ernest Martineau  
Patrick McNamara  
Jane Morgan  
Tony Ngo

### TRI-COMMUNITY FAMILY BRANCH

Robert Caprera  
Ronald Cooper  
Shirley Faucher  
Michael Jenkins

Carl Johnson  
John Jovan, Jr.  
Charice Kalis  
David Keller  
Paul Murphy  
Brendan Murray

Jason Osborne  
Alan Peppel  
Debra Savoie  
Jo-Ann Santelli  
Chris Wszolek

# YMCA OF CENTRAL MASSACHUSETTS

766 Main Street, Worcester, MA 01610 | Phone: 508.755.6101 | [www.ymcaofcm.org](http://www.ymcaofcm.org)

### BOROUGH'S FAMILY BRANCH

4 Valente Drive  
Westborough, MA 01581

### CENTRAL COMMUNITY BRANCH

766 Main Street  
Worcester, MA 01610

### GREENDALE FAMILY BRANCH

75 Shore Drive  
Worcester, MA 01605

### LEOMINSTER COMMUNITY BRANCH

108 Adams Street  
Leominster, MA 01453

### MONTACHUSETT COMMUNITY BRANCH

55 Wallace Avenue  
Fitchburg, MA 01420

### TRI-COMMUNITY FAMILY BRANCH

43 Everett Street  
Southbridge, MA 01550

### YMCA CAMP BLANCHARD

208 Manchaug Road,  
Sutton, MA 01590

### YMCA CAMP FOSKETT

189 Daniels Road,  
Charlton, MA 01507

### YMCA CAMP LOWE

132 Fort Pond Inn Road,  
Lancaster, MA 01523

### THE SARAH & RICHARD HARDY YMCA CHILD DEVELOPMENT CTR.

115 Marcy Street,  
Southbridge, MA 01550

### YMCA FAMILY & COMMUNITY PARTNERSHIP FAMILY CENTER

13 Providence Road  
Sutton, MA 01590

### YMCA FAMILY & COMMUNITY PARTNERSHIP PLAY SPACE

169 Pleasant Street  
Marlborough, MA 01752