



SUPPORT FOR VETERANS AND THEIR FAMILIES

VETERAN'S MOBILE CENTER

Free services available for Veterans and their families. The Mobile Center will be at the Tri-Community Family Branch YMCA on November 18th from 8:30am-4pm.

TOUR THE BRANCH DURING THE EVENT & RECEIVE EVENT MILITARY MEMBERSHIP PRICING!!

**FRIDAY
NOVEMBER
18th
(8:30 AM-4 PM)**

**Tri-Community
Family Branch**
43 Everett St.
Southbridge, MA

Questions?

Contact Kathleen Russell
for more information:
krussell@ymcaofcm.org



VETERANS AFFAIRS (VA.GOV)

Confidential help for Veterans, service members, and their families at no cost in a non-medical setting. Their services include counseling for needs such as depression, post traumatic stress disorder (PTSD), and the psychological effects of military sexual trauma (MST). The Veterans Affairs office can also connect you with more support in VA and your community.

YMCA OF CENTRAL MASSACHUSETTS
www.ymcaofcm.org | [#YMCAofCM](https://twitter.com/YMCAofCM)

