

FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Greendale Private Swim Lesson Information

1. Private Swim Lessons are offered at our Greendale Family Branch YMCA to members and non-members.

2. All must register via our Google Form here at this link: <u>https://docs.qoogle.com/forms/d/e/1FAIpQLSeye2bkPp124mVJf9p49QHtXXT74I7Y4xWb5q</u> <u>9RbXbW-IRTqQ/viewform</u>

Lessons are available by request and scheduling only. Scheduling is monitored and arranged through the Aquatics Lesson Lead, Kat Burris or Aquatics Director, Mark Buckley.

3. Arrive at the Y in a bathing suit, try to leave in the bathing suit. Showers are available and required for a cleansing shower prior to using the pool.

4. Private lessons will follow a block scheduling and use the Universal locker room to change, use the toilet, and take a cleansing shower.

5. Private Swim Lesson Participants under the age of 13 must be accompanied by an adult when using our facility.

6. Private Swim Lesson Participants can only bring in goggles, swim caps, and US Coast Guard Approved life jackets.

7. YMCA will provide a kickboard, noodles, aqua belts, aqua barbells/dumbells, fins, and toys during lessons as needed.

8. Private lessons will last 30 minutes. There will be one area dedicated for the private lesson. Instructors will meet the Private Swim Lesson Participant at the designated area on the pool deck.

9.. The instructor will make sure that the lap swimmers/campers and the Private Swim Lesson Participants don't cross paths.

10. If a Private Swim Lesson Participant doesn't feel comfortable without a parent, the parent may sit on a designated bench during instruction. If the instructor thinks that the parent is a distraction to the lesson, the parent may be asked to view lesson from another area in the building.

11. At completion of the lesson, parents of Private Swim Lesson Participants under the age 13 parent must meet in the designated area to take the child into the locker room. Private Swim Lesson Participants over the age of 13 can proceed to the locker room to change on their own.

Please print this out and bring it in for your first lesson signed to your swim instructor so that you acknowledge all of the above information.

If there are any questions please reach out to Kat Burris or Mark Buckley at: <u>greendaleaguatics@ymcaofcm.org</u> or <u>mbuckley@ymcaofcm.org</u>.

Signed

Date