

## **Learning Activities**

[ABC Mouse](#) - preschool curriculum includes many online activities for children, ages 2-8, in reading, math, world around us, arts & colors, library, music & songs, puzzles and games (first month is FREE)

[At Home Learning Activities](#) – 24 at-home learning activities to do with young children which can boost skills and strengthen parent–child connections from the safety of home

[Cooking Activities](#) - simple family recipes to help children learn to cook. Website includes easy meals, science experiments, cooking crafts, themed meals and more! Cooking lessons for children under age 3, ages 3-6 and ages 7-11. Check their Facebook page for daily recipes and activities

[Early Childhood Education Resources for Families](#) – Learning activities for Birth through Five Years and School-Age with resources on “Understanding and Supporting Children”

[Family Fun at Home / Diversión en familia y en casa](#) Sponsored by WGBH - activities, educational videos, online games and podcasts for children ages 3-8 years. Early learning resources and a text messaging program are available for families with infants/toddlers. Resources are available in English and Spanish.

[Lunch Doodles with Mo Willems](#) – author of “Don’t Let the Pigeon Drive the Bus!” Past “Daily Doodles” episodes are available to watch anytime

[Sesame Street Free Fun Learning Games](#) – learning games, videos, songs and art for young children

[Science Fun](#) - simple science experiments you can do at home with instructions, videos, jokes and trivia

[Unite for Literacy](#) – a wonderful resource of audiobooks with beautiful illustrations for young children in English and Spanish. The books are listed in categories such as animals; community; create and play; earth & sky; family, friends and more!

## **Music & Movement Activities**

[Cosmic Yoga](#) - yoga, mindfulness and relaxation videos designed especially for kids, age 3+, to become stronger, calmer and wiser. Videos include Yoga Time for Little Ones; Introduction to Kids Yoga; Yoga Adventures; Brain Breaks; Yoga Disco; Guided Relaxation and more!

[Dance & Movement Videos](#) for toddlers and preschoolers – a list of YouTube videos with a review of each one, age recommendations and an attention span rating

[GoNoodle](#) -movement, dance, yoga and mindfulness videos for kids to wake up their bodies and engage their minds

[The Laurie Berkner Band](#) - daily live Berkner Breaks for singing, dancing, reading books and moving bodies. Includes a library of Berkner Breaks, songs, videos and more!

[YMCAofCM Online Community Center](#) – online exercise and Family Resources such as fitness classes, PBS Kids, Space Exploration, Aquarium & Zoo Exhibits and Virtual Field Trips