



**OPEN HOUSE
FEBRUARY 17TH**

FIND YOUR RHYTHM

**Leominster Community Branch YMCA
YMCA OF CENTRAL MASSACHUSETTS**

**OPEN HOUSE FEBRUARY 17TH
10 am – 3 pm**

Come Join Us For a Fun Filled Day

- 30 Minute Zumba Demo
- 30 Minute Kick Boxing Demo
- 30 Minute Pilate Demo
- Free Child Watch

Try one of our demo classes.

There will be No Joining Fee, if you join on the same day. Bring your ID and allow extra time for registration

- Free water
- Fruits
- Healthy Snacks

#YMCAofCM

www.ymcaofcm.org

