

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY



YMCA of Central Massachusetts **TRI-COMMUNITY FAMILY BRANCH**

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PRESCHOOL ENRICHMENT CLASS SCHEDULE February 25th - April 27th, 2019

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 AM	Intro to Colors & Shapes (Age 2-3) - 30min Tiny Tots Dance (Age 3-5) 45 min	Music and Movement 2 (ages 2-5) - 30min	Totally Hands on Fun (Ages 2-4) - 30min	Hands On Messy 2 (ages 3-5) 30 min	ABC and 123 (ages 2-3)30 min
9:30 AM		Cooking Through The The Alphabet (Ages 4-5) - 45min		Letters Galore (Ages 4-5) - 45min Hands On Messy (ages 2-3) 30 min	
9:45 AM	Art through Books (Age 2-5) - 30 min	All About Me 1 (ages 2-3) 30 min	Music & Movement 1 (Ages 2-5) - 30min		Music and Movment 2 (ages 2-5) 30 min
10:00 AM		Nemo's Playground (Ages 5-under) - 1hr		The World Around Me (ages 2-3) 30 min Nemo's Playground (Ages 5-under) - 1hr	
10:15 AM		Little Chefs (Age 3) - 45min Mommy & Me 1 (infant-2) 30 min		Mad About Math (Ages 4-5) - 30min	
10:20 AM		Jr. Movers (Ages 4-5) - 30min (Location: Gym)			
10:30 AM	Intro to Letters & Numbers (Age 3 - 5) 30 min		Wild About Nature (Ages 2-5) - 30min	Mommy and Me 2 (ages infant - 3) 30min	Colors Shapes & More (Ages 2-5) 30 min
10:45 AM				Investigation Station (Ages 4-5) - 30min	
11:00 AM	Movin and Groovin (Ages 2-5) 30 min	Creative Minds (ages 2-5) 30 min	Teeny Tiny Movers (ages 2-3) 30 min (Location: Gym)		Games Galore (ages 3 - 5) 30min
12:30 PM		Jr. Movers (ages 4-5) 30 min (Location: Gym)			

PLEASE NOTE:

All preschool classes are designed to start teaching your child independence. We encourage parents to allow their child to try our classes without a parent. If necessary, a parent may stay the first time, but we encourage you to transition as quickly as possible to outside of the classroom. Classes that say "bring a grown-up along" are designed for parent/guardian and child.

TRI-COMMUNITY YMCA PRESCHOOL CLASS DESCRIPTIONS

(Classes are 30 minutes long, unless otherwise noted)

NEMO'S PLAYGROUND (Age 5 and under) *1 hour

Open swim time for parents with children 5 and under. This is a special time for preschoolers to have fun in the pool with their parents or guardians. No need to worry about being swamped by older kids. Children must be accompanied by an adult in the pool at all times.

Intro to Letters and Numbers (Age 3 - 5 yrs)

Children will be introduced to the concept of letter and numbers through interactive games and hands on activities

Into to Colors and Shapes (Age 2-3)

Children will be introduced to the concepts of various colors and shapes through play, sensory and interactive activites.

Art Through Books (Age 2-5)

Children will explore various authors such as Eric Carle, Jan Brett, Jan and Stan Berenstain, Leo Lionno, Dr. Seuss and many more. We will read a new story and create a new and exciting project every week.

Creative Minds (Ages 2-5) Use your creativity through art, music, books, and play!

TRI-COMMUNITY YMCA PRESCHOOL CLASS DESCRIPTIONS

Little Chefs(Age 3) *45 minutes

Let your little ones start cooking early. We will explore tastes, textures, do some baking, and make some yummy snacks.

Tiny Tots Dance Class (Age 3-5) *45 minutes

For the child who loves dance and music, this class builds on more complex dance skills along with memory, teamwork, and different dance styles. Each session ends with a brief show for dancers' families. Dress code: leotard, tights or leggings, dance slippers, hair pulled back from face. Tutu optional.

Cooking through the Alphabet (Ages 4-5) *45 minutes

We will make a special dish or snack each week beginning with the letters of the alphabet! A is for Apple Pizza, B is for Blueberry Pancake. Cook through the whole alphabet, starting in the Fall & going through the Spring! Come measure, mix, bake and eat with us.

Investigation Station(Ages 4-5)

Lets explore science! We will learn about the 5 senses, the earth, our bodies, how things work, and many more topics related to science. We will read books, do activities, crafts and experiments.

Mad About Math (Ages 4-5)

This class will introduce preschoolers to numbers and beginning math skills. We will focus on number recognition, math readiness skills, and number concepts. We will also have some fun while learning math.

Letters Galore (Ages 4-5) *45 minutes

This class will introduce preschoolers to letters. We will focus on letter recognition, sounds and writing. We will focus on one letter per week and do fun games or activities that go along with the day's letter.

Jr. Movers (Ages 4-5)

Children will participate in different games & activities. Class will focus on skill development, fun, fitness and teamwork!

Wild About Nature (Ages 2-5)

Your preschooler will explore the world as they look at amazing things about nature! Learn about animals, seasons, science and other cool things around us!

Music & Movement 1 and 2 (Ages 2-5 years)

Enjoy songs, finger plays, active play and sometimes, stories & crafts. Develop motor skills and social skills while moving to the music!

Teeny Tiny Movers (Ages 2-3 years)

Introduce your toddler to our gym classes in a comfortable way, with you by their side! Bring a grown up along & enjoy structured games as well as free play time.

Totally Hangs on Fun (Ages 2-4) Messy learning thru play for toddlers which will include gross/fine motor skills, sensory experiences, and tons of fun

Hands On-MESSY (Ages 2-3 and 3-5) Can I touch this? YES! Science meets creativity in this hands on messy class for toddlers.

Movin & Groovin (Ages 2-5) Music, games and gross motor skill combined in this fun class to get your preschool groove on.

Mommy and Me 1 & 2 (ages infant-2 and infant-3) Play and learn with your baby or toddler! Enjoy music, games and more in this fun class for baby and caregiver! Bring a grown up along.

All About Me (Ages 2-3) Explore things like the 5 senses, safety, health, and how our little bodies work.

The World Around Me (ages 2-3) Explore the world while learning about different countries, animals and the people who live around our world.

Games Galore (ages 3 - 5) Learn motor skills, social skills, sharing, taking turns and basic preschool skills while playing a variety of fun games with friends.

ABC and 123 (Ages 2-3) Begin learning basic preschool skills like letters and numbers in fun and creative ways.

Colors, Shapes and More (Ages 2-5) Our world is full of colors, shapes and patterns, and sequences! Start practicing these basic skills with fun activities.